



## First Aid Policy & Exemption Form

The purpose of this policy is to explain the first aid standard required for Members to be issued a snowsport instructor licence.

As an instructor you may find yourself in the position of responsibility as a first responder in an Emergency situation in the mountains. BASI believe it is good practice for Members to have valid and up to date First Aid training and certification.

### Requirements

#### 1. Instructors entering the BASI Qualification Pathway

Each member must provide a copy of a valid first aid certificate in order to achieve the first level of the BASI Qualification pathway. The course duration must be a minimum of 12 hours or two days.

It is recommended that any first aid course includes outdoor first aid scenarios that mirror the environmental hazards instructors may encounter in the course of their role but this is not compulsory. A list of suitable First Aid courses is available via the BASI web site. This is not an exhaustive list and other suitable courses are available.

#### 2. Instructors on the BASI Qualification Pathway

In order to continue to receive a Licence to instruct, it is each member's responsibility to ensure that he/she maintains a valid first aid certificate that is suitable for the country and snow sports school or slope where he/she works. Your First Aid Certificate expiry date is shown in your Member Area on the BASI web site. Members must update their first aid by this expiry date and in any event not more than 3 years after their date of attendance on their last first aid course. The course duration must be a minimum of 12 hours or two days.

It is recommended that any first aid course includes outdoor first aid scenarios that mirror the environmental hazards instructors may encounter in the course of their role but this is not compulsory.

### Exemptions

BASI will consider First Aid exemptions in the following cases:

1. Medical doctors registered with the General Medical Council
2. Registered nurses whose names are on the Single Professional Register maintained by the United Kingdom of Central Council for Nursing, Midwifery and Health Visiting
3. Paramedics
4. Serving military personnel, police officers, fire brigade, other ambulance personnel, and physiotherapists

**If you meet any of the criteria above you will be regarded as being first aid trained only if you complete and return the declaration below.**

Notwithstanding the general exemption for categories 2 and 4 above, BASI will only accept an application for exemption that contains evidence that the applicants qualification and practices are carried out in an environment other than what is deemed as their “normal place of work” and specifically demonstrating use of these skills in an outdoor environment.

**Any application for exemption requires evidence of eligibility in any of the listed categories and the following declaration endorsed by your head of department or supervisor.**



## FIRST AID EXEMPTION DECLARATION FORM

I, \_\_\_\_\_ can confirm that \_\_\_\_\_ is competent to carry out first aid as a qualified snowsport instructor in an outdoor environment, or in the controlled environment of an indoor/artificial slope, which is not their normal place of work.

The applicant has also had training to enable him/her to carry out this level of first aid in an outdoor environment, or in the controlled environment of an indoor/artificial slope.

Note: To assist with what constitutes as evidence, practices are carried out in an environment other than what is deemed as their “normal place of work”. In order to demonstrate use of these skills in an outdoor environment, the following non-exhaustive list is considered currently acceptable training.

Basic Trauma Life Support  
 Advance Trauma Life Support  
 BASICS  
 MRT  
 Ski Patrol  
 RNLI

(Please list any relevant training and qualifications and enclose relevant certificates)

Signed \_\_\_\_\_

Position \_\_\_\_\_

Date \_\_\_\_\_

**Return this First Aid Exemption declaration with relevant certificates by post or email to:  
 BASI, Morlich House, 17 The Square, Grantown on Spey, PH26 EHG. Email: [basi@basi.org.uk](mailto:basi@basi.org.uk)**